# Home Health Care Supportive Service Options

For each of us there is a time or several times when we will need additional services in order to remain living at home. It may be from a recent slip or fall that finds us admitted to the hospital for a short stay and then needing an additional short stay at a skilled nursing rehab facility. During that time if you feel you would like to return to your home at The McLellan and need additional services outside of the scope of The McLellan, you will be required to contract services with an outside agency. We can assist you in connecting with outside agencies to help you with your home, personal and nursing care needs.

Included below are suggestions of some local senior home agencies.

# Local Agencies for Senior Home-care Assistance



#### Live Better Health Services, LLC

- Danielle Paus/RN Administrator
- 207-607-4144 (office)
- 207-798-9799 (mobile)
- 10 Cumberland Street, Brunswick, Maine 04011
- www.livebettermaine.com
- manager@livebettermaine.com
- Private duty, 24 hour care available, flexible hours, holistic wellness & senior based

### **Comfort Keepers**

- 207-729-3373
- 63A-2 Elm Street, Topsham, Maine 04086
- Companion with personal care

### Neighbors Inc

- Cathy Bagdon
- 207-725-9444
- P.O. Box 728, Brunswick, Maine 04011
- www.neighborsinc.com
- Companionship, no personal care

# **Visiting Angels**

- 207-773-3397
- 461 Capisic Street, Portland, Maine 04102
- Tracey Carlson

# Aging Excellence

- 207-729-0991
- 113 Pleasant Street, Brunswick, Maine 04011

## Kindred at Home

- Christine Pedersa
- 51 Baxter Blvd, Portland < Maine. 04101
- 207-894-4642
- Takes Medicare, Martin's Point and Blue Cross Blue Shield
- Prices vary. Acute Care Needs

#### **CHANS**

- 207-729-6782
- 60 Baribeau Drive, Brunswick, Maine 04011

#### Home Assistance

- 207-835-5800
- Falmouth, Maine
- Home-care with personal assistance
- 24 hour care
- Companionship